

# Handwashing protects. It's that simple!



## Turn on the water

Hold your hands under running water.



## Apply soap

Dispense 1 – 2 pumps of foam or liquid soap onto your palms and spread it carefully over both hands – including the backs of your hands.



## Lather hands

**(20 – 30 seconds)**

Rub the soap thoroughly over your hands and make sure to clean between your fingers, your fingertips, and the areas under your nails.



## Rinse off

Wash your hands with comfortably warm water until all soap residue is removed.



## Dry thoroughly

Dry your hands carefully with a clean paper towel. Patting is gentler on the skin than rubbing.

## Did you know?

Door handles, lift buttons, or smartphones – we touch around **7,200 surfaces** every day!

These are perfect places for bacteria and viruses. With proper handwashing, you can protect yourself and others.



Find more hygiene tips at [satino-by-wepa.eu](https://satino-by-wepa.eu) or simply scan the QR code!

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